

160 Turnpike Road, Chelmsford MA



# MUSIC ELEMENTS

March 2025



# JAM SESSION

COME SING OR JAM WITH US THE SECOND TUESDAY OF EVERY MONTH - STARTING MARCH 11TH! ALL AGES WELCOME.

7-8:30pm



\$5

Location:

Music Elements School of Music  
160 Turnpike Rd

To register - [melissa@music-elements.com](mailto:melissa@music-elements.com)

978-221-5641

# Jam with us!

Bring your instrument-- or your voice-- and join a jam session with us! Sessions will take place on the **second Tuesday of every month, 7:00-8:30pm**, starting on **March 11th**. All ages are welcome! Tickets are \$5; email [melissa@music-elements.com](mailto:melissa@music-elements.com) or call 978-221-5641.

# performances

## *Student Performances*

**Mia Troncoso**, one of our vocal students, just moved on to the **semi-finals of the METG competition** with Chelmsford High School's play, Song of Souls! Congratulations to Mia and her theater program!



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# performances

## *Student Performances*

**Dviti Patel**, one of our vocal students, is performing in the **Locke Middle School's** production of the musical **Bye Bye Birdie!** Her shows will be taking place on **Thursday, March 27th** and **Friday, March 28th** at 7:00pm, in addition to **Saturday, March 29th** at 2:00pm, all located at the Locke Middle School in Billerica (110 Allen Rd).



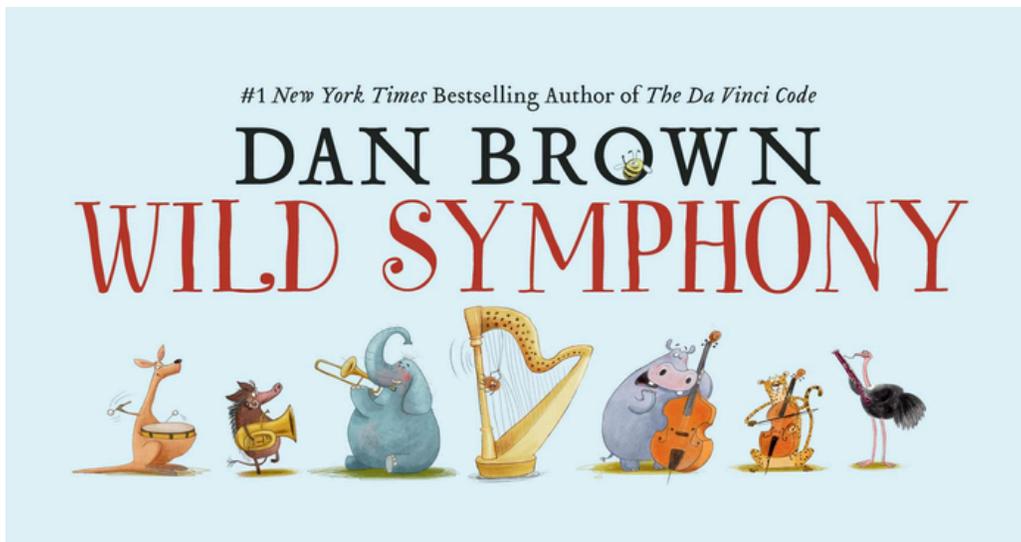
**160 Turnpike Road, Chelmsford MA**



# performances

## *Teacher Performances*

**Tinson**, one of our vocal teachers, will be performing in the **Lowell Philharmonic Orchestra's** production of **Dan Brown's Wild Symphony!** The concert will take place on **Saturday, March 15th** at 2:00pm at the Fusion Church in Lowell, MA (125 Mt Hope St).



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# performances

## *Teacher Performances*

**Joe**, one of our vocal teachers, will be performing with the **UMass Lowell Chamber Singers** on **Tuesday, March 4th!** The show will take place at 8:00pm at the **Moloney Performing Arts Center** (35 Wilder Street, Lowell, MA). One of the pieces performed will be a song composed by Joe himself-- congratulations to him!

Joe will also be performing at the **UMass Lowell Bleep Blorp festival**. The show will also take place at the **Moloney Performing Arts Center** and will take place starting at 1:00pm on **Saturday, March 29**. Enjoy a wide variety of synthesizer music in addition to a 'synthesizer petting zoo' at the Fischer Recital Hall!

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# EVENTS

## *Happy Birthday!*

Andrew Wolfinger, Robin Gordon, Carter

Piotrowski, Emily Soum, and Hayley Sheehan

Music Elements has **no school closings** this month!

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# Teacher Shoutout

## ***John Anthony***



This month's teacher shout-out goes to John, one of our guitar teachers! In addition to teaching piano, John also instructs bass, voice and guitar. John has played as south as the West Indies and as west as the Hawaiian Islands. He has performed in festivals, on cruise ships and stages of all sizes. His genres of music range in categories including Blues, R&B, Funk, Soul, Reggae, Soca, Calypso, Zouk, Folk, many forms of Rock'N'Roll, Country, Jazz and Latin. John brings with him a passion for music and the teaching of it's traditions!

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# recipe of the month

## *Simple Blueberry Muffins*

There's nothing fancy about this muffin – it's mostly flour, eggs, butter and blueberries. But that's the beauty of it. It's the perfect sort of baking project to tackle on a lazy weekend morning! Recipe adapted from the New York Times.



***See next page for directions!***

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# Ingredients:

Yields:

- 2 cups sifted all-purpose flour
- 1 teaspoon salt
- 4 teaspoons baking powder
- $\frac{1}{4}$  cup sugar
- 2 eggs, well beaten
- $\frac{3}{4}$  cup milk
- $\frac{1}{3}$  cup melted butter
- 1 cup blueberries
- 3 tablespoons flour

# Directions:

1. Preheat oven to 425 degrees. Grease 12 muffin cups with a little butter.
2. Sift together flour, salt, baking powder and sugar.
3. Combine eggs, milk and melted butter. Stir into dry ingredients just until moistened. Do not try to beat until smooth because the muffins will be tough and grainy.
4. Sprinkle 3 tablespoons of flour over blueberries, and turn to coat well. Stir into batter, mixing just enough to combine.
5. Fill muffin cups about two-thirds full.
6. Bake 20 to 25 minutes, or until muffins are brown and pull away from the sides of the tin.

## Holistic Arts, Crafts, and Psychic Fair

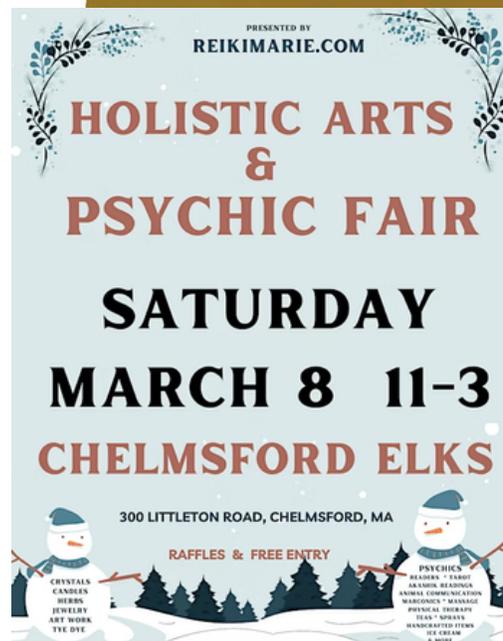
Visit this fair for a day full of mystic readings, healing therapies, and other unique handcrafted items!

- **Saturday, March 8th, 11:00am-3:00pm** at the Chelmsford Lowell Elks Lodge (300 Littleton Road, Chelmsford, MA).

## Spring for the Pond 2025

Celebrate Haggetts Pond and Daylight Savings at Oak and Iron in Andover! There will be live music, silent auctions, and food!

- **Sunday, March 9th from 6:30-9:00pm** at 18 Red Spring Road, Andover, MA.



# local activities + events

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# thanks for reading!

**Best wishes from our teachers and staff:** Aleah, Anita, Bill Lauzon, Dan, Elizabeth, John, Joseph, Judie, Justin, Madison, Melissa, Navarre, Bill West, Nicoletta, Peter, Regina, Lekha, Tinson, and Tyler!

Want to be featured in the newsletter? Email [madison@music-elements.com](mailto:madison@music-elements.com) or fill out the form in the waiting room!

**“If you learn music, you’ll learn history. If you learn music, you’ll learn mathematics. If you learn music, you’ll learn most all there is to learn.”**

*Edgar Cayce reading 3053-3*



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